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# **Police Custody**

#### Pearls

- Recommended Exam: Mental Status, Skin, Heart, Lungs, Neurologic status
- Patient does not have to be in police custody or under arrest to utilize this protocol.
- EMS agency should formulate a policy with local law enforcement agencies concerning patients requiring EMS and Law Enforcement involvement simultaneously.
- Agencies should work together to formulate a disposition in the best interest of the patient.
- Law Enforcement:
  - Any patient who is handcuffed or restrained by Law Enforcement and transported by EMS, must be accompanied by law enforcement during transport capable of removing the devices.
  - Patient should not be transported with upper extremities hand-cuffed behind back as this prevents proper assessment and could lead to injury.
  - Consider multidisciplinary coordination with law enforcement to approach verbal deescalation, restraint, and/or take-down restraint procedure.
- Maintain high-index of suspicion for underlying medical or traumatic disorder causing or contributing to behavioral disturbance. Medical causes more likely in ages < 12 or > 40.
- Medications are not to be used solely to aid in placing an individual into police custody. Physical and/or chemical restraints are reserved for a medical emergency in order to prevent imminent injury to a patient and/or providers.

#### <u>Restraints:</u>

- All patients who receive either physical or chemical restraint must be continuously observed by ALS personnel on scene or immediately upon their arrival.
- Do not position or transport any restrained patient is such a way that could impact the patients respiratory or circulatory status.

However, when EMS providers have utilized physical restraints in accordance with Restraint Procedure USP 5, the law enforcement agent may follow behind the ambulance during transport.

- The responsibility for patient care rests with the highest authorized medical provider on scene per North Carolina law.
- If an asthmatic patient is exposed to pepper spray and released to law enforcement, all parties should be advised to immediately contact EMS if wheezing/difficulty breathing occurs.
- Patients exposed to chemical spray, with or without history of respiratory disease, may develop respiratory complaints up to 20
  minutes post exposure.
- All patients with decision-making capacity in police custody retain the right to participate in decision making regarding their care and may request care or refuse care of EMS.
- If extremity / chemical / law enforcement restraints are applied, follow Restraint Procedure.

### Excited Delirium Syndrome and Violent:

Medical emergency: Combination of delirium, psychomotor agitation, anxiety, hallucinations, speech disturbances, disorientation, violent / bizarre behavior, insensitivity to pain, hyperthermia and increased strength.

Potentially life-threatening and associated with use of physical control measures, including physical restraints. Most commonly seen in male subjects with a history of serious mental illness and/or acute or chronic drug abuse,

particularly stimulant drugs such as cocaine, crack cocaine, methamphetamine, amphetamines or similar agents. Alcohol or substance withdrawal as well as head trauma may also contribute to the condition.

If patient suspected of EDS suffers cardiac arrest, consider a fluid bolus and sodium bicarbonate early.

## **UP 12**